

Program Guide

October - December 2017
Supporting Life Long Learning



Courses and Skills

Computers for Beginners

2.5 hours x 4 weeks (10 hours)
When: Thursdays
Date: 19 October - 9 November
Time: 1.00pm - 3.30pm
Cost: \$100

Introduction to Microsoft

2.5 hours x 4 weeks (10 hours)
When: Thursdays
Date: 23 November - 14 December
Time: 1.00pm - 3.30pm
Cost: \$100

iPad for Beginners

Come and complete this basic course to get you started with your iPad covering emails, apps and more.
2 hours x 2 weeks
When: Fridays
Date: 10 November - 17 November
Time: 1.30am - 3.30am
Cost: \$40

One on One Technology Assistance

Anything from an iPad, iPhone, Android, computer or general technology – our tech guru Tom can help you find your way.
Cost: \$45 per hour



Art Class

Tess, being a former Gallery owner comes with loads of skills and experience in creative processes.
This 6 week course will allow you to sample a host of different mediums, including air drying clay, creating with wire and acrylic painting.
If you love engaging in creativity, learning new skills and mixing with other creative people then this course is for you.
When: Wednesdays
Date: 25 October - 29 November
Time: 9.00am - 1.00pm
Cost: \$180

Line Dancing

We are very excited to be offering line dancing at MEAC on Thursdays. Classes taken by Kay Blakeley.
Beginners 10.00am - 11.00am
Intermediate 11.00am - 12.00pm
Cost: \$60 for six weeks
Bookings essential
Start date on Thursday 26 October

Community Connections

MEAC Artists

An informal and fun art class. Come along to paint, draw, potter or engage in other artistic, creative processes. Qualified artists will help, lead and guide you with your project.
When: Tuesdays
Time: 10.00am - 12noon
Cost: \$5.00

Community Art Gallery

Our exhibitions are constantly changing, make some time and come in to see what exciting creations are on show.
All exhibitions are by local artists, organised by Kaye Poulton, our arts curator, for your enjoyment. Help us to support our artists.

MEAC Exhibitions

Celebrate Me
Artwork by students of Artist Denise Le Clerc
Friday October 20th at 6pm, all welcome.
Opening with an artistic performance of painting on doors.
These young artists will celebrate who they are with paintings and drawings, created in the Wednesday class at MEAC. Performance not to be missed.
Mooroopna Town
The MEAC Tuesday artists
When: 26 November
MEAC Artists will present an exhibition of paintings, drawings and ceramics about Mooroopna - the landscape, the township, the river and the inhabitants.

Mooroopna Community Plan

The group is made up of local community members working alongside council, implementing the Mooroopna Community Plan. If you are interested in what is happening in your community or what can be achieved then join this group and have your say. Contact Kim Banfield for all enquiries on 0437 252 186

The Women's Gathering Group

Where: Hub Complex
When: 1st and 3rd Wednesday of the month
Time: 12.30pm - 4.00pm
Cost: No charge

AA-Variou

Multiple sessions run each week.
Phone 5825 1774 for more information regarding times and programs.

Morrell Street Occasional Childcare

Our occasional care service provides flexible care in a safe, caring, nurturing environment for families needing childcare.
Supportive childcare staff Bev and Vileena are more than happy to discuss your childcare

requirements with you, simply phone or pop in.
Hours of opening during school terms
Tuesday and Friday from 9.00am - 12pm
Wednesday and Thursday 9.00am - 1.30pm
Bookings are essential, phone 5825 4128

Tuesday Community Lunch

MEAC in partnership with Shepparton Access offers an affordable community lunch one day a week. Hospitality trained staff and volunteers will provide you with a delicious two course meal. All welcome to attend on Tuesdays at 12.00pm.
Cost: \$6.00
Bookings are essential, phone 5825 1774
Numbers are limited to 25.

Group Meals - Monday and Thursday

The Group Meals program for Seniors Citizens is run entirely by volunteers and is a partnership between Mooroopna Education and Activity Centre and the Greater Shepparton City Council, we provide cooked meals and company for seniors.
Times: 12.00pm - 1.00pm
Cost: \$10 (3 Course Meal)
Bookings phone 5825 1774
Transport is available for those who meet specific criteria.

Mooroopna Men's Shed

Making a Difference-With a Difference
The Mooroopna Men's Shed is open on Thursday afternoons and Saturday mornings. If you are interested in men's health and wellbeing or gaining a sense of belonging and purpose, then the MMS is for you.
Visit the shed and discuss what you can be part of, and what you may have to offer.
Please phone 0498 713 769 for further information.

Other Community Activities

ELF - Early Learning is Fun
Community reading day
When: 21 November
Time: 9.30am - 10.45am
Families are welcome to join in a story with their young children as local early childhood services and primary schools make their way along the main street of Mooroopna.
If you would like to become involved in ELF phone MEAC on 5825 1774.

Grief and Trauma Counselling

In partnership with Rumbalara, grief, bereavement and trauma counsellor Lance James is providing his services to the local community. Counselling appointments are available at MEAC on Wednesdays by appointment. All welcome - no charge.
Please phone MEAC 5825 1774

Health and Wellbeing

Begin your journey to better health. All levels of fitness are encouraged to attend. Our exercise program is supported by Primary Care Connect.

Strength Training

When: Mondays
1.30pm - 2.30pm
Cost: \$7.50 per session
Taken by Rod James

Strength Training

When: Tuesdays
Time: 9.00am - 10.00am
Cost: \$7.50 per session
Taken by Rod James

Healthy Hearts

When: Wednesdays
Time: 11.30am - 12.30pm
Cost: \$7.50
Taken by Rod James

Strength Training Extra

When: Wednesdays
Time: 1.00pm - 2.00pm
Cost: \$7.50
Taken by Rod James

Other exercise programs

Tai Chi - Diabetes
When: Wednesdays
Time: 2.30pm - 3.30pm
Cost: \$7.50 per session
Taken by Christine Milton
Disabilities \$6.50
Dance
When: Tuesday
Time: 1.00pm - 2.00pm
Lifeball
When: Wednesday
Time: 9.30am - 10.30am

Mooroopna Education and Activity Centre provides affordable courses, programs and activities to the local community and encourages social engagement and inclusion. We can also assist with information and referrals.

Other services

Fax/photocopying/laminating, internet use and facility hire.
Justice of the Peace is available by appointment.

Room Hire

Personal/groups/organisations
We have tables, chairs, projector screens, whiteboards, conference spaces and so much more, including a full commercial kitchen. Kitchen can be hired in conjunction with other rooms or hired independently.

Our costs are very competitive and we welcome new and repeat users.

We currently have an opening for a long-term booking should your business, group or organisation need a space to operate out of while enjoying full support by our organisation. Phone us with any enquiries on 5825 1774.

Are you looking at starting a group? We can help you advertise and get up and running.

Policies

For all information on our policies and procedures please look at our website.